



SLEEP CENTER REFERRAL FORM

STATUS: STAT URGENT (within 48 business hrs) STANDARD

CIRCLE ONE **DATE:** _____ **PHONE:** (702) 333-7270 **FAX:** (702) 492-1978

_____	_____	_____	_____	_____
First Name	Last Name	DOB	Age	Home Phone

_____	_____	_____	_____
Cell Phone	SS#	Insurance	Auth

OUR DOCTORS

- Dr. Chowdhury Ahsan
- Dr. Jose Aquino
- Dr. Robert Berkley
- Dr. Claudio Bonometti
- Dr. John Bowers Jr.
- Dr. Giovanni Ciuffo
- Dr. Jimmy Diep
- Dr. Walter Ehrman
- Dr. Arjun Gururaj
- Dr. Dalia F. Hawwass
- Dr. Mohammad Jaradat
- Dr. Sunil Kalla
- Dr. Shahabuddin Khan
- Dr. John Lee
- Dr. Sanjay Malhotra
- Dr. Arturo Marchand Jr.
- Dr. Cres Miranda Jr.
- Dr. James Mock
- Dr. Ali Namazi
- Dr. Swetal Patel
- Dr. William Resh
- Dr. C. Allen Rhodes
- Dr. Kenneth J. Shah
- Dr. Deepak Sharma
- Dr. Richard Shehane
- Dr. Fareed A. Sheikh
- Dr. Alan Steljes
- Dr. Nicholas Tselikis
- Dr. Branavan Umakanthan
- Dr. Rafael Valencia

Answer the following questions to find out if you are at risk for obstructive sleep apnea.

- S (SNORING)** Do you snore loudly (louder than talking or loud enough to be heard through closed doors?) YES NO
- T (TIRED)** Do you often feel tired, fatigued, or sleepy during the daytime? YES NO
- O (OBSERVED)** Has anyone observed you stop breathing in your sleep? YES NO
- P (BLOOD PRESSURE)** Do you have or are you being treated for high blood pressure? YES NO
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- B (BMI)** BMI more than 35kg/m²? YES NO
*For imperial conversion use lb/in³*705¹
- A (AGE)** Age over 50 years old? YES NO
- N (NECK CIRCUMFERENCE)** Neck circumference greater than 40cm (16in) YES NO
- G (GENDER)** Gender Male YES NO

HIGH RISK OF OSA: ANSWERING YES TO THREE OR MORE ITEMS
LOW RISK OF OSA: ANSWERING YES TO LESS THAN THREE ITEMS

(Anybody at high risk and those with low risk in the presence of compelling clinical suspicion of a sleep disorder should be evaluated to a potential sleep disorder.)

NO INDICATION FOR REFERRAL TO SLEEP CENTER

REFERRAL TO SLEEP CENTER INDICATED

2839 ST. ROSE PARKWAY, SUITE 160 HENDERSON, NEVADA 89052
401 NORTH BUFFALO DR. .200 LAS VEGAS, NEVADA. 89145

Adapted from Chung F et al. Anesthesiology 2009; 108(5):812-21.